

Coping with persistent pain?

Our **Alberta Moving on with Persistent Pain** workshop is free

8 weeks course 2 hours/wk.

**Thursdays, March 7- April 25,
2024**

1:30-3:30 PM

Develop long-term skills
and pain management
strategies to help you focus
on your life rather than
your pain.

Register By Calling
Rocky PCN (403)845-3050

